

**Family and Consumer Sciences
Supplemental Reading for FACS Students**

Teachers: It is suggested that you review materials for their relevance to your classroom instruction and your students. Categories are suggested; some materials are suitable for several categories.

Teen Issues

The Giver, Lois Lowry
The Chosen, Chiam Potok
A Separate Peace, John Knowles
The True Confessions of Charlotte Doyle, Avi, Ruth E. Murray
The Catcher in the Rye, J.D. Salinger
The Pigman, Paul Zindel
The Chocolate War, Robert Cormier
Beyond the Chocolate War: The Sequel to the Chocolate War, Robert Cormier
Slave Day, Rob Thomas
The Outsiders, S.E. Hinton
Speak, Laurie Halse Anderson
Who I Am Depends On Me, Patty Hendrickson
Living On Your Own, Grades 8-12: An Independent Living Simulation, Jean Bunnell
True-to-Life Series from Hamilton High, Marilyn Reynolds and David Doty
Teenagers: Preparing for the Real World, Chad Foster
The 7 Habits of Highly Effective Teens, Sean Covey

Family Issues

The Grapes of Wrath, John Steinbeck
Cheaper by the Dozen, Frank B. Galbreith
Belles on Their Toes, Frank B. Galbreith
A Long Way from Chicago, Richard Peck
A Year Down Yonder, Richard Peck
Because of Winn-Dixie, Kate DiCamillo
Hope Was Here, Joan Bauer
Holes, Louis Sachar
Dicey's Song, Cynthia Voigt
Granny the Pag, Nina Bawden
Homelessness: Whose Problem Is It?, Ted Gottfried
Children of Welfare: History and Social Studies, Joan J. Johnson and Suzanne Coil
The Shelter of Each Other: Rebuilding Our Families, Mary Pipher
A Child Called "It": One Child's Courage to Survive, Dave Pelzer
Lost Boy: A Foster Child's Search for the Love of a Family, Dave Pelzer
A Man Named Dave: A Story of Triumph and Forgiveness, Dave Pelzer
The Privilege of Youth, Dave Pelzer
7 Habits of Highly Effective Families, Stephen Covey
It Takes A Village: And Other Lessons Children Teach Us, Hillary Rodham Clinton

Consumer Economics

Financial Peace, Dave Ramsey

Financial Peace Jr: Teaching Kids About Money, Dave Ramsey

Teen Pregnancy; Teen Parenthood

Annie's Baby: The Diary of Anonymous, a Pregnant Teenager, Beatrice Sparks

Dear Diary, I'm Pregnant: Teenagers Talk About Their Pregnancy, Anrenee Englander

Make Lemonade, Virginia Euwer Wolff

Detour for Emmy, Marilyn Reynolds

Suicide; Death and Grief

Lisa, Bright and Dark, John Neufield

Tears of a Tiger, Sharon Mills Draper

Straight Talk about Death for Teenagers: How to Cope with Losing

Someone You Love, Earl A. Grollman

Chicken Soup for the Teenage Soul, Jack Canfield

On Death and Dying, Elisabeth Kubler-Ross

Coming of Age

Of Mice and Men, John Steinbeck

Daughters of the Moon, Sisters of the Sun: Young Women and Mentors on the Transition to Womanhood, K. Wind Hughes

Girl Power: Young Women Speak Out, Hillary Carlip

Ophelia Speaks: Adolescent Girls Write About Their Search for Self, Sara Shandler

Catherine, Called Birdy, Karen Cushman

Multicultural

The Watsons Go to Birmingham-1963, Christopher Paul Curtis

The Upstairs Room, Johanna Reiss

Chinese Cinderella, Adeline Yen Mah

The Ditchdigger's Daughter, Yvonne S. Thornton

Roots, Alex Haley

I know Why the Caged Bird Sings, Maya Angelou

Jubilee Journey, Carolyn Meyer

Autumn Journey, Priscilla Cummings

The House on Mango Street, Sandra Cisneros

Necessary Roughness, Marie G. Lee

To Kill a Mockingbird, Harper Lee

A Gesture Life, Chang-rae Lee

AIDS; HIV

It Happened to Nancy, Beatrice Sparks, (ed.)

Eating Disorders

The Best Little Girl in the World (anorexia), Steven Levenkron

When Food's a Foe: How to Confront and Conquer your Eating Disorder, Nancy Kolodny

Understanding Weight Loss Programs: A Teen Eating Disorder Prevention Book, Judy Monroe

Nutrition

Eating for Life: Your Guide to Great Health, Fat Loss and Increased Energy, Bill Phillips

The Nutrition-Fitness Link: How Diet Can Help Your Body and Mind (A Teen Nutrition Book), Charles A. Satler

Needles: A Memoir of Growing up with Diabetes, Andie Dominick

Biographies

The Story of My Life, Helen Keller

Anne Frank: The Diary of a Young Girl, Anne Frank

Eleanor Roosevelt: A Life of Discovery, Russell Freedman

Harriet Tubman: Conductor on the Underground Railroad, Ann Lane Petry

This Little Light of Mine: The Life of Fannie Lou Hamer, Kay Mills

Leadership

Developing the Leader Within You, John Maxwell

Who Moved my Cheese?, Spencer Johnson

I Can Do It, Marian B. Latzko

You Gotta Believe!, Drew T. Brown

Being Better Than My Best, Danny and Marie Lena

Lead Now or Step Aside, C. Kevin Wanzer, et al

A Leader in the Making, Joyce Meyer

How to Work a Room, Susan RoAne

Leadership is an Art, Max Depree

Preparing for Leadership, Robert Noyach

Start Something: You Can Make a Difference, Earl Woods (Tiger Woods Foundation)

Taking Aim on Leadership, Peter Capezio

The Leader in You, Dale Carnegie

PERIODICALS

Choices by Scholastic

Good Health

Positive Health

Health

Prevention

Readers' Digest

American Careers

Consumer Reports

Parents Magazine

Child

American Baby

Architectural Digest

Architecture

Early Childhood Today

The Mailbox

Nutrition Action Healthletter

Tufts Diet and Nutrition Newsletter

Southern Living

STARS Magazine

Young Children

Modern Baking

Gourmet Magazine

Current newspaper articles relating to FACS areas are also recommended supplemental resources.